

The 2025-2026 AMCAS Application

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Megan Kosovski: Carver College of Medicine

April 2025

Agenda

- The AMCAS Process
- 2025-26 Dates and Participation
- The 2025-2026 Application
- Letters
- Essays
- MCAT | scoring
- Secondary applications
- DO schools
- Q & A



How does the AMCAS Application work?







Application Submitted

- Applicant completes & submits AMCAS application online
- Applicant pays submission fees (or uses valid Fee Assistance Program benefits)

Application Processed

- Applicant arranges for all required official transcripts to be sent to AMCAS
- AMCAS performs verification of coursework and calculates AMCAS GPAs

Application Delivered

- AMCAS distributes verified application to designated med schools
- AMCAS delivers letters to designated med schools as they are received



2025-2026 Application Dates

Date	Event
April	2026 AMCAS resources available
May 1	AMCAS application opens
May 27	AMCAS application submission begins
June 27	Initial transmission of application data to medical schools
August 1	Early Decision Program deadline
SeptDec.	Application deadlines

CCOM does not have early decision.

Six-eight weeks for verification...

That's normal- don't panic!



2025-2026 AMCAS Participation

Tentative 2026 Participation			
	155 Schools/Programs		
Application .	All MD granting schools in the United States with the exception of MD programs at Texas public schools		
AMCAS Letters	153 Schools/Programs		
Criminal Background Checks	133 Schools/Programs		

2026 AMCAS Application Fees:

- \$175 processing fee (includes one school designation)
- \$47 for each additional school

DO Schools: AACOMAS



The AMCAS Application

1. Identifying 6. Letters of 7. Medical Information **Evaluation Schools** 2. Schools 5. Work and 8. Essays Attended **Activities** 3. Biographic 4.Coursework Standardized Information Tests



AMCAS applicant guide

2026 AMCAS® Applicant Guide



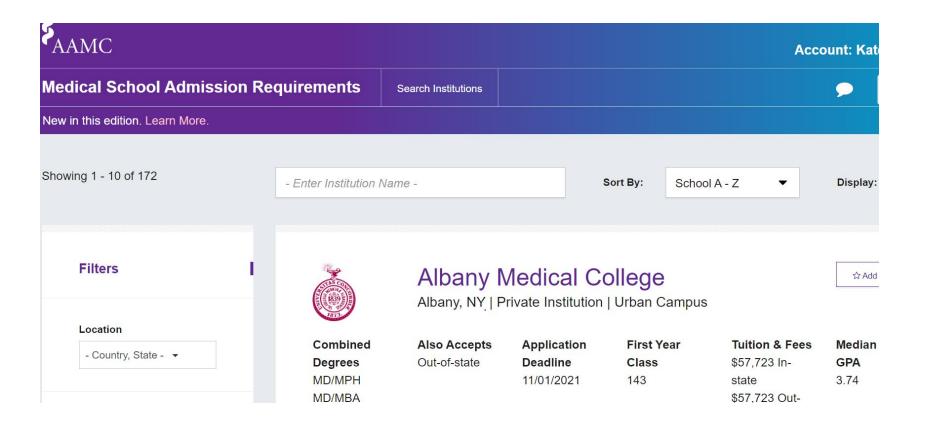
Course classification guide pg. 35

BCPM and AO grades

AP, dual-enrollment and study abroad grades



MSAR





aamc.org/amcas



Choose a Medical Career Apply to Medical School Attend Medical School Apply to Residency or Fellowship

Search

Pursue a Career in Research Explore Applicant Data and Reports

Home / Apply to Medical School / Apply to Medical School with the AMCAS® Program

Apply to Medical School with the AMCAS® Program

The American Medical College Application Service[®] (AMCAS[®]) is the AAMC's centralized medical school application processing service. Most U.S. medical schools use the AMCAS program as the primary application method for their first-year entering classes.



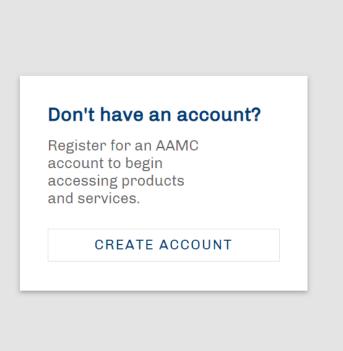


Create Account

If you have an AAMC ID, do NOT create a new account

Sign In Username Enter Username Required Password **Enter Password** SIGN IN FORGOT YOUR USERNAME? FORGOT YOUR PASSWORD?

NEED HELP?





AMCAS Main Menu

Kate Karacay

AAMC ID 13165685

Gender Decline to Answer

Date of Birth 01/30/2002

Country of Birth USA

Email <u>kate-karacay@uiowa.edu</u>

Birth State IA

Birth City Des Moines

i) t

Some information is centrally managed by the AAMC and cannot be edited on this page. To edit your preferred email address and citizenship, go to My

AAMC Profile

EDIT MY PROFILE

Application Identifying Information

Schools Attended

▲ Incomplete

▲ Incomplete

Course Work

▲ Incomplete

Work/Activities
Letters of Evaluation

▲ Incomplete

Medical Schools

Essays

▲ Incomplete

Standardized Tests

▲ Incomplete

Not Submitted to AMCAS

PRINT TRANSCRIPT REQUEST FORMS

PRINT LETTER REQUEST FORMS

PRINT APPLICATION

VIEW APPLICATION STATUS HISTORY



New for 2025-2026 application



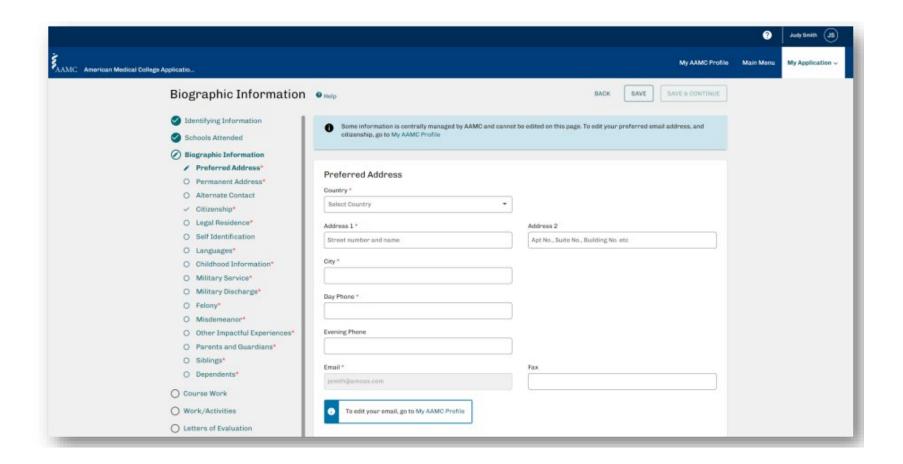
AAMC Letter Writer Portal integration: Screens for creating new Letter of Evaluation requests have been updated, including a new email feature for contacting letter authors.



Reapplicant data will roll over for the Military Discharge, Misdemeanors, Felonies, and Institutional Actions sections.

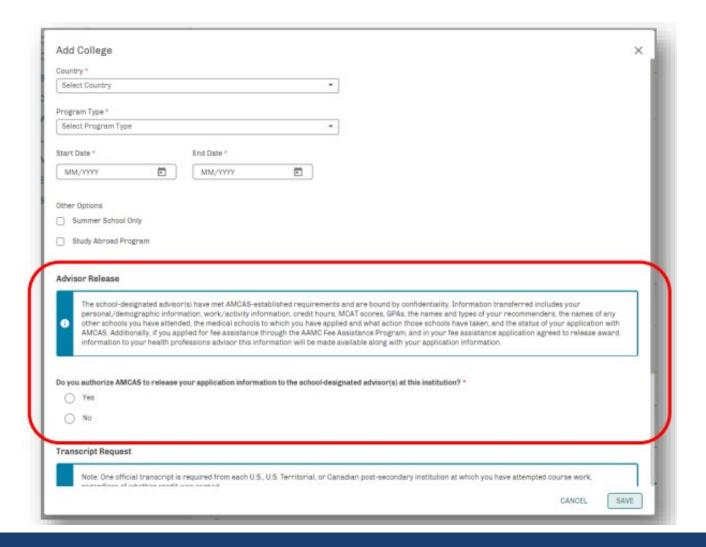


Biographical Information





Schools Attended



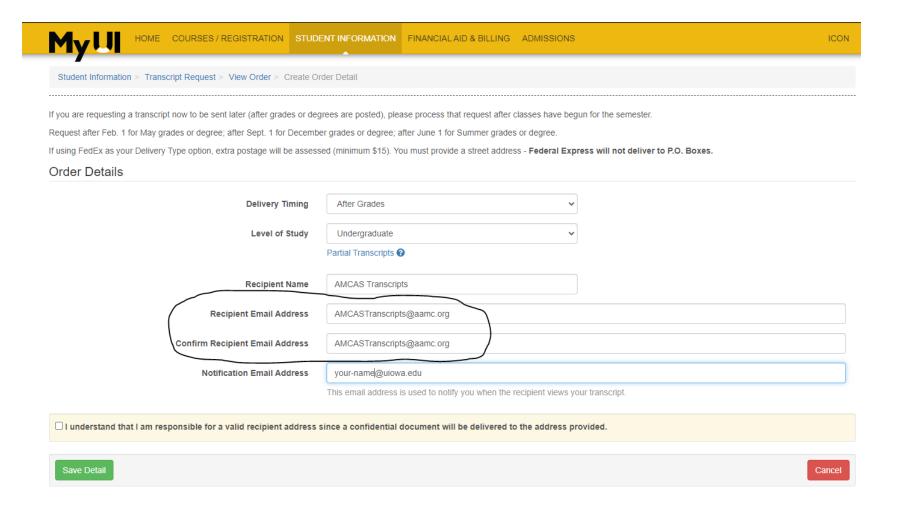


Schools Attended

Note: One official transcript is required from each U.S., U.S. Territorial, or Canadian post-secondary institution at which you have attempted course work, regardless of whether credit was earned.
If you click Yes, you must have an official transcript sent to AMCAS by the Registrar's Office of the institution.
If you click No, this means that you are submitting a Transcript Exception Request and does not preclude you from transcript requirements. AMCAS will review your request and notify you if your Transcript Exception is not granted. This may result in delays for processing your application.



UI transcript request form

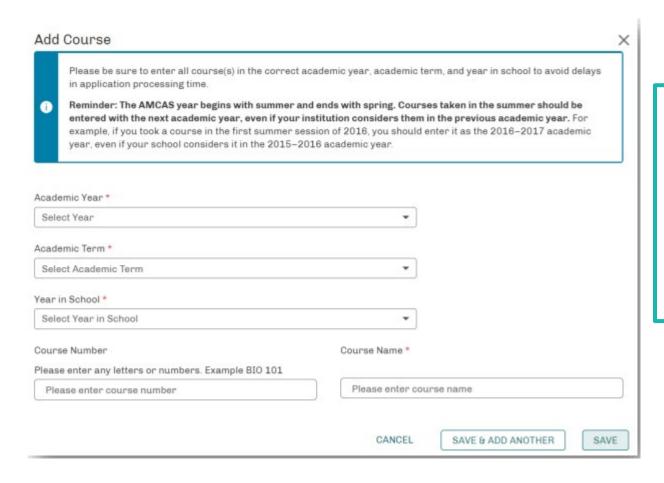




AMCASTranscripts@aamc.org



Course Work



Applicants should use a personal copy of their **official** transcript to complete this section.

Use your UI grade report



Coursework

Both grades are averaged together if second-grade option (SGO) used.

AMCAS counts +/grades. A and A+ weighted the same.

BCPM and AO



Withdrawals

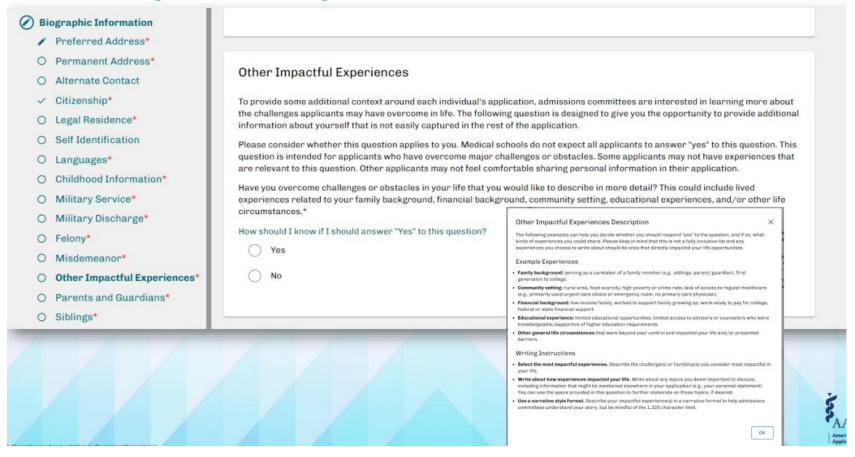
Appear on the transcript as a "W" or equivalent symbol. No credit hours or AMCAS grade will be assigned for Withdrawals, except in cases where the school includes the Withdrawal failing grade in the GPA as a "F".

A course entry should not be made if the course was dropped within the normal drop/add period and does not appear on the official transcript.

If the course was dropped outside the normal period and does appear on the official transcript, a course entry should be made

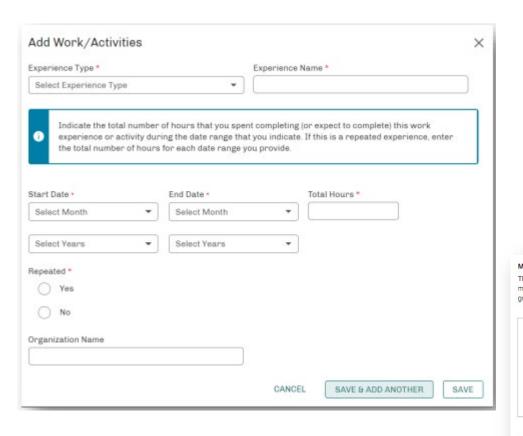


Other Impactful Experiences





Work/Activities



- Maximum of 15 entries
 Applicants can enter 3
 additional date ranges for repeated activities
- Maximum of 3 "Most Meaningful"
 1325 characters

your opportunity to summarize why you have selected consider the transformative nature of the experience: t		
th you experienced as a result of your participation.		
	1325	characters left of 1
	1325 (characters left of 1



Letters of Evaluation

- The UI does not provide committee letters of evaluation or letter packets.
- All individual letters of reference
- AMCAS will accept 10 letters
 choose which letters for which school
- UI Carver College of Medicine:
 - Three letters required. Four preferred!
 - No requirement on type



Letters of Evaluation

Indicates required field

Letters of Evaluation/Recommendation*

Your letter authors must send your letters through the AMCAS Program if you are applying to one or more schools participating in the AMCAS Letters Service. Most medical schools participate. See the list of participating schools. You must contact schools that do not participate to determine their letter of evaluation requirements. The AMCAS Program will not forward your letters to these schools. Please review additional information about letters of evaluation.

Deadlines:

Letter deadlines for authors are established individually by each medical school, so check school websites for deadline di submit your application before entering letters. You may submit your application before AMCAS receives your letters

New letter entries may be added and assigned to medical schools after you have submitted your application. However, on Author Portal or Interfolio. You will be notified via small when your author fulfills your request. If you submitted, existing letter entries cannot be edited or deleted; they can only be marked "No Longer Being Sent."

Letter Release Policy and Author Guidelines:

- Letters sent to the AMCAS Program cannot be released to applicants or letter authors under any circumstances. provided only to medical schools that are participating in the AMCAS Letter Service.
- · Re-applicants should note that letters received by the AMCAS Program do not rollover to later application years, s letter authors to keep a copy of their letter.
- . The AAMC publishes a list of guidelines for letter of evaluation authors. A link to the guidelines is on the letter requ provide to your letter authors.

A maximum of ten (10) letter entries may be created on this page. Letters may be associated to medical schools on the Me page. For help, watch "How to Add Letter of Evaluation Entries & Assign them to Medical Schools" Tutorial.

Please create one letter entry for each Committee Letter, Individual Letter, or Letter Packet being sent to the AMCAS

+ ADD LETTER REQUEST

Manage Letter Requests

MC. May not be reproduced or distributed without prior written permission

SHOW MEDICAL SCHOOL ASS

Letter Request Saved!

Ready to email this letter request to Letter Author?

AMCAS will email your letter author, who will be able to upload a letter through the AMCAS Letter select "Send Later", you can return to this request at any time to send via email or print your letter request PDF form.

To: letter@example.com From: amcas@aamc.org

Subject: AMCAS Letter of Evaluation Request Jordan Smith (AAMC ID 21567835)



Letter of Evaluation Request for 2026 AMCAS® Applications Only

Dear Letter Author

I hereby request that you submit my letter of evaluation to the AAMC's American Medical College Application Service®(AMCAS®). The AMCAS program is responsible for collecting letters on behalf of medical schools that participate in their Letters Service. This service also allows letter writers to submit their letters directly to the AMCAS program, rather than sending them to each medical school, provided those schools participate in the AMCAS Letter Service. Please see the options below for submitting your letters to the AMCAS Program.

Applicant Information:

First name:	Jordan	AAMC ID: 21567835	
Last name:	Smith	Request SFNH-G9XN: ID: DMVCF	5-
Email		Letter	

*I acknowledge that an email will be sent and it is my responsibility to follow up and confirm receipt.

A Please check the required acknowledgement

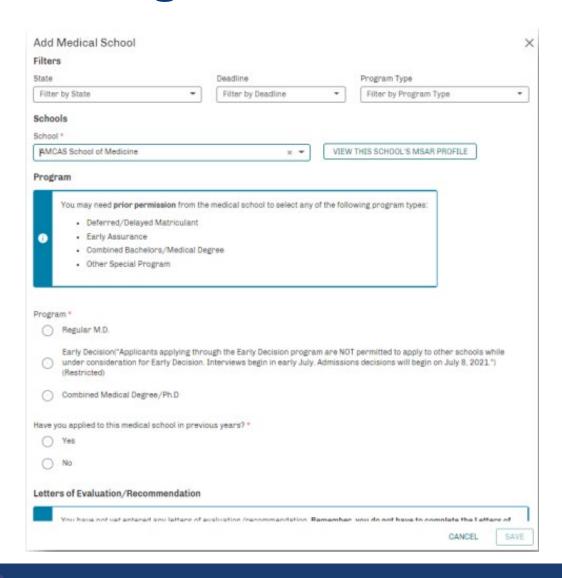
Applicants can submit their application before **AMCAS** receives

their

letters.



Choosing Medical Schools



Applicants
should be sure
to select the
correct program
type and be
mindful of
program and
transcript
deadlines.



Essay

Limit 5300 Characters

4500 for AACOMAS

Personal Comments Essay

>

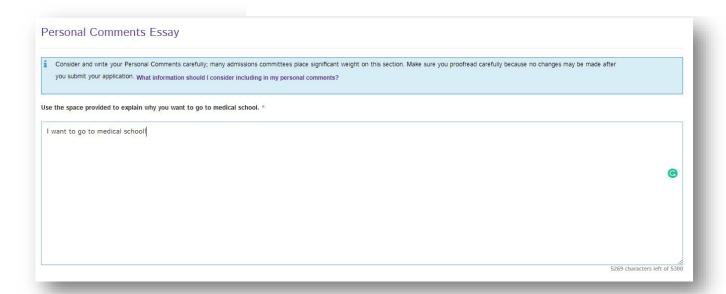
Some questions you may want to consider while drafting this essay are:

- Why have you selected the field of medicine?
- What motivates you to learn more about medicine?
- . What do you want medical schools to know about you that hasn't been disclosed in another section of the application?

In addition, you may wish to include information such as:

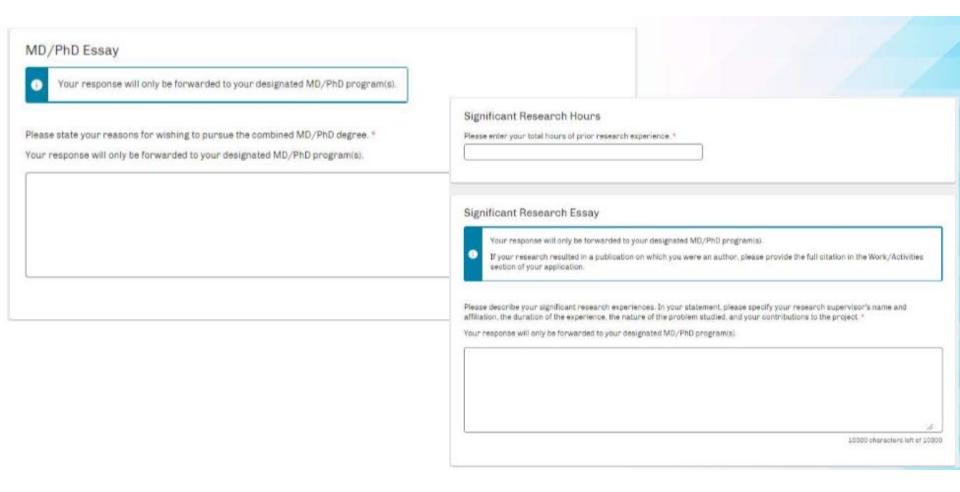
- · Special hardships, challenges or obstacles that may have influenced your educational pursuits
- · Commentary on significant fluctuations in your academic record which are not explained elsewhere in your application

Ok



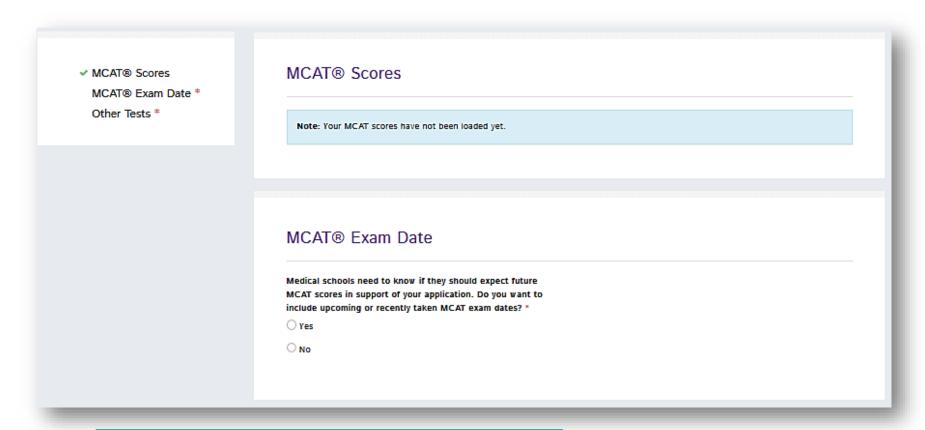


Essay: MSTP (MD/PhD)





Standardized Tests



Applicants should indicate any future MCAT testing dates.



MCAT Scores



Notes

³Test scores, like other measurements, are not perfectly precise. The confidence bands around test scores mark the ranges in which the test taker's true scores probably lie. The diamond shapes and shading show that the test taker's true scores are more likely to be their reported scores (in the second column) than the other scores in the confidence bands.

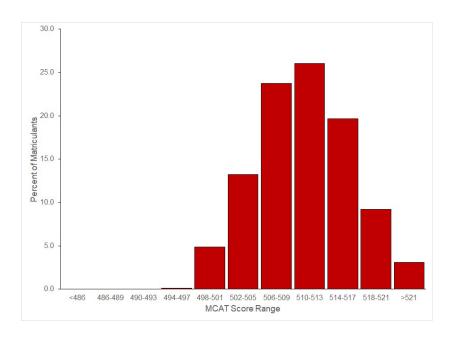
²The percentile ranks of scores are the percentages of test takers who received the same scores or lower scores. The percentile ranks are updated on May 1 every year to reflect the results from the three most recent previous calendar years.

⁹For the four sections, non-overlapping confidence bands show a test taker's likely strengths and weaknesses. Overlapping confidence bands suggest that there are not meaningful differences in performance between sections.

Score
breakdowns
and
confidence
bands will
appear in the
AMCAS
application.



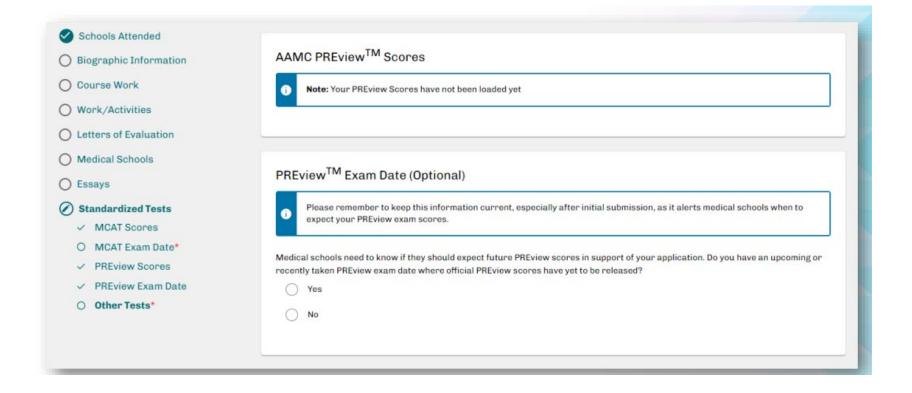
What's a competitive MCAT score?



Below 500	Too low
500-510	Borderline
511 and above	Competitive

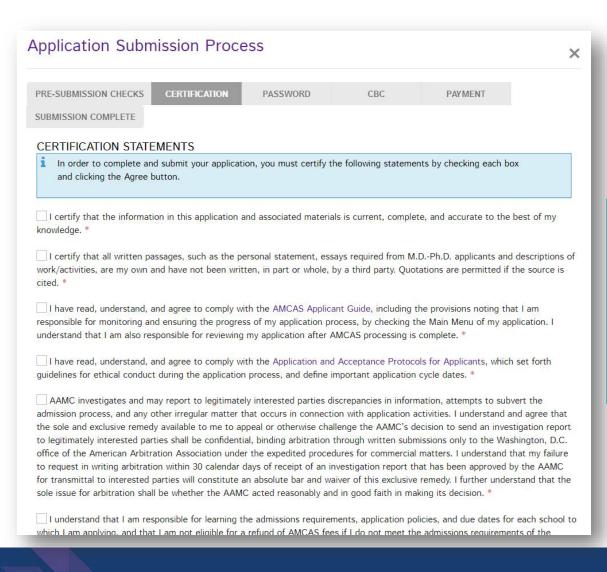


PREview Exam





Certification Statements



Last step of application: certify data is accurate, submit, and pay processing fee.



Secondary Applications

Additional information requested from each school

- CCOM secondary application portal opens July 10 deadline Dec. 15, 2025 (preferred by Oct. 15)
- Secondary fees vary from \$50-150 per school
 - CCOM \$60
 - --Why Carver College of Medicine?
 - --Describe personal characteristics you've overcome to contribute to a dynamic healthcare system that advocates for all peoples
 - --Describe your healthcare experiences.



Minimum for CCOM secondary

- 500 minimum MCAT
- 123 minimum each MCAT subsection
- 3.00 minimum BCPM and AO GPA

Some schools send secondaries to everyone: Yale, Johns Hopkins, Harvard....

..Be strategic and use the MSAR!



CCOM Interview format

 Candidates are interviewed individually by two faculty members for 25 minutes. The day includes a case-based learning session facilitated by M4 students. Both virtual and in-person interviews are available.

 Carver conducts "closed file" interviews - interviewers are faculty volunteers and want to get to know candidates "off of paper" completely. Do not let this scare you!



CCOM timeline



Earliest application reviews: early to mid July



First interviews: September 8



Secondary app preferred deadline: October 15



Interviews end: Mid January



Final pool decisions: Mid March



Osteopathic Medical Schools

- --AACOMAS: https://aacomas.liaisoncas.com opens early May
- --Helps to have shadowed/interviewed a DO:
 - --Know what DOs do
 - --Healthcare experience/hours important
- --AACOM.org www.choosedo.org





Questions?